Learning Objectives

- Define and give examples of fission and fusion.
- Classify nuclear reactions as fission or fusion.
- List some medical uses of nuclear energy.

Nuclei that are larger than iron-56 may undergo nuclear reactions in which they break up into two or more smaller nuclei. These reactions are called fission reactions. Conversely, nuclei that are smaller than iron-56 become larger nuclei in order to be more stable. These nuclei undergo a nuclear reaction in which smaller nuclei join together to form a larger nucleus. Such nuclear reactions are called fusion reactions.

![Fission and Fusion Diagram](image.png)

Figure \(\PageIndex{1}\): (left) Nuclear fission occurs with one large nucleus is split into two or more smaller nuclei. (right) Nuclear fusion happens when two small nuclei combine to make a larger nucleus.

Fission and Chain Reactions

In both fission and fusion, large amounts of energy are given off in the form of heat, light, and gamma radiation. Nuclear fission was discovered in the late 1930's when \(^{235}\text{U}\) nuclides were bombarded with neutrons and were observed to split into two smaller-mass nuclei.

\[
{\_0^1}\text{n} + {\_92^{235}}\text{U} \rightarrow {\_56^{141}}\text{Ba} + {\_36^{92}}\text{Kr} + 3 {\_0^1}\text{n}
\]

The products shown are only one of many sets of products from the disintegration of a \(^{235}\text{U}\) nucleus. Over 35 different elements have been observed in the fission products of \(^{235}\text{U}\).
When a neutron strikes a $\ce{U}$-235 nucleus and the nucleus captures a neutron, it undergoes fission producing two lighter nuclei and three free neutrons. The production of the free neutrons makes it possible to have a self-sustaining fission process - a nuclear chain reaction. It at least one of the neutrons goes on to cause another $\ce{U}$-235 disintegration, the fission will be self-sustaining.

**Nuclear Weapons**

It is unfortunate that when the topics of radioactivity and nuclear energy come up, most thoughts probably go to weapons of war. The second thought might be about the possibility of nuclear energy contributing to the solution of the energy crisis. Nuclear energy, however, has many applications beyond bombs and the generation of electricity. Radioactivity has huge applications in scientific research, several fields of medicine both in terms of imaging and in terms of treatment, industrial processes, some very useful appliances, and even in agriculture.
Figure \(\PageIndex{3}\): The energy that comes from the sun and other stars is produced by fusion. Image used with permission (Public Domain; NASA).

### Summary and Vocabulary

Naturally radioactive elements exist in the earth and are either alpha or beta emitters. Artificial transmutation of elements can be accomplished by bombarding the nuclei of some elements with alpha or subatomic particles. Nuclear radiation also has many medical uses.

- **Chain reaction**: A multi-stage nuclear reaction that sustains itself in a series of fissions in which the release of neutrons from the splitting of one atom leads to the splitting of others.
- **Critical mass**: The smallest mass of a fissionable material that will sustain a nuclear chain reaction at a constant level.
- **Fission**: A nuclear reaction in which a heavy nucleus splits into two or more smaller fragments, releasing large amounts of energy.
- **Fusion**: A nuclear reaction in which nuclei combine to form more massive nuclei with the simultaneous release of energy.
- **Control rods**: Control rods are made of chemical elements capable of absorbing many neutrons and are used to control the rate of a fission chain reaction in a nuclear reactor.

### Contributors

- [CK-12 Foundation](#) by Sharon Bewick, Richard Parsons, Therese Forsythe, Shonna Robinson, and Jean Dupon.