A sugar or saccharide is a carbohydrate that is soluble in water and has a sweet taste. Most sugars are monosaccharides or oligosaccharides.

eg. 1:

![Chemical structure of sucrose](image)

Sucrose (table sugar)

eg. 2:

![Chemical structure of D-fructose](image)

D-fructose (fruit sugar)

Contributors

- Gamini Gunawardena from the OChemPal site (Utah Valley University)