The chemical shifts of aromatic protons

Some protons resonate much further downfield than can be accounted for simply by the deshielding effect of nearby electronegative atoms. Vinylic protons (those directly bonded to an alkene carbon) and aromatic (benzylic) protons are dramatic examples.

We'll consider the aromatic proton first. Recall that in benzene and many other aromatic structures, a sextet of p-electrons is delocalized around the ring. When the molecule is exposed to $B_0$, these p-electrons begin to circulate in a ring current, generating their own induced magnetic field that opposes $B_0$. In this case, however, the induced field of the p-electrons does not shield the benzylic protons from $B_0$ as you might expect—rather, it causes the protons to experience a stronger magnetic field in the direction of $B_0$—in other words, it adds to $B_0$ rather than subtracting from it.

To understand how this happens, we need to understand the concept of diamagnetic anisotropy (anisotropy means ‘non-uniformity’). So far, we have been picturing magnetic fields as being oriented in a uniform direction. This is only true over a small area. If we step back and take a wider view, however, we see that the lines of force in a magnetic field are actually anisotropic. They start in the ‘north’ direction, then loop around like a snake biting its own tail.
If we are at point A in the figure above, we feel a magnetic field pointing in a northerly direction. If we are at point B, however, we feel a field pointing to the south.

In the induced field generated by the aromatic ring current, the benzylic protons are at the equivalent of ‘point B’ – this means that the induced current in this region of space is oriented in the same direction as $B_0$.

In total, the benzylic protons are subjected to three magnetic fields: the applied field ($B_0$) and the induced field from the p-electrons pointing in one direction, and the induced field of the non-aromatic electrons pointing in the opposite (shielding) direction. The end result is that benzylic protons, due to the anisotropy of the induced field generated by the ring current, appear to be highly deshielded. Their chemical shift is far downfield, in the 6.5-8 ppm region.
Characteristic NMR Absorption of Benzene Derivatives

Hydrogens directly attached to an arene ring show up about 7-9 PPM in the NMR. This is called the aromatic region. Hydrogen environments directly bonded to an arene ring show up about 2.5 PPM.

Characteristic IR Absorption of Benzene Derivatives

Arenes produce an characteristic C=C absorption about 1680-1600 1/cm


- Prof. Steven Farmer (Sonoma State University)