These notes cover the physical chemistry governing molecular behavior in biological systems. It is meant as a resource for those that want to educate themselves or others in biophysics for chemists. This is a work in progress, with new topics and updated material being added, and therefore only select topics are covered so far.

- Front Matter
- 1: Water and Aqueous Solutions
- 2: Macromolecules
- 3: Diffusion
4: Transport

• 5: Cooperativity

• 6: Dynamics and Kinetics

• Back Matter
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