Learning Objectives

• To understand how enthalpy pertains to chemical reactions

We have stated that the change in energy ($\Delta U$) is equal to the sum of the heat produced and the work performed. Work done by an expanding gas is called pressure-volume work, (or just $PV$ work). Consider, for example, a reaction that produces a gas, such as dissolving a piece of copper in concentrated nitric acid. The chemical equation for this reaction is as follows:

$$\ce{Cu(s) + 4HNO3(aq) \rightarrow Cu(NO3)2(aq) + 2H_2O(l) + 2NO2(g)} \label{5.4.1}$$

If the reaction is carried out in a closed system that is maintained at constant pressure by a movable piston, the piston will rise as nitrogen dioxide gas is formed (Figure \cite{PageIndex(1)}). The system is performing work by lifting the piston against the downward force exerted by the atmosphere (i.e., atmospheric pressure). We find the amount of $PV$ work done by multiplying the external pressure ($P$) by the change in volume caused by movement of the piston ($\Delta V$). At a constant external pressure (here, atmospheric pressure),

$$w = -P\Delta V \label{5.4.2}$$

The negative sign associated with $PV$ work done indicates that the system loses energy when the volume increases. If the volume increases at constant pressure ($\Delta V > 0$)), the work done by the system is negative, indicating that a system has lost energy by performing work on its surroundings. Conversely, if the volume decreases ($\Delta V < 0$)), the work done by the system is positive, which means that the surroundings have performed work on the system, thereby increasing its energy.

The internal energy ($U$) of a system is the sum of the kinetic energy and potential energy of all its components. It is the change in internal energy that produces heat plus work. To measure the energy changes that occur in chemical reactions, chemists usually use a related thermodynamic quantity called enthalpy ($H$) (from the Greek enthalpein, meaning “to warm”). The enthalpy of a system is defined as the sum of its internal energy ($U$) plus the product of its pressure ($P$) and volume ($V$):

$$H = U + PV \label{5.4.3}$$
Because internal energy, pressure, and volume are all state functions, enthalpy is also a state function. So we can define a change in enthalpy (\(\Delta H\)) accordingly

\[
\Delta H = H_{\text{final}} - H_{\text{initial}}
\]

If a chemical change occurs at constant pressure (i.e., for a given \(P\), \(\Delta P = 0\)), the change in enthalpy (\(\Delta H\)) is

\[
\Delta H = \Delta(U + PV) = \Delta U + P \Delta V
\]

Substituting \(q + w\) for \(\Delta U\) (First Law of Thermodynamics) and \(-w\) for \(P \Delta V\) (Equation \(\ref{5.4.2}\)) into Equation \(\ref{5.4.4}\), we obtain

\[
\Delta H = q_p
\]

The subscript \(p\) is used here to emphasize that this equation is true only for a process that occurs at constant pressure. From Equation \(\ref{5.4.5}\) we see that at constant pressure the change in enthalpy, \(\Delta H\) of the system, is equal to the heat gained or lost.

\[
\Delta H = H_{\text{final}} - H_{\text{initial}} = q_p
\]

Just as with \(\Delta U\), because enthalpy is a state function, the magnitude of \(\Delta H\) depends on only the initial and final states of the system, not on the path taken. Most important, the enthalpy change is the same even if the process does not occur at constant pressure.

To find \(\Delta H\) for a reaction, measure \(q_p\).

When we study energy changes in chemical reactions, the most important quantity is usually the enthalpy of reaction (\(\Delta H_{\text{rxn}}\)), the change in enthalpy that occurs during a reaction (such as the dissolution of a piece of copper in nitric acid). If heat flows from a system to its surroundings, the enthalpy of the system decreases, so \(\Delta H_{\text{rxn}}\) is negative. Conversely, if heat flows from the surroundings to a system, the enthalpy of the system increases, so \(\Delta H_{\text{rxn}}\) is positive. Thus:

- \(\Delta H_{\text{rxn}} < 0\) for an exothermic reaction, and
- \(\Delta H_{\text{rxn}} > 0\) for an endothermic reaction.

In chemical reactions, bond breaking requires an input of energy and is therefore an endothermic process, whereas bond making releases energy, which is an exothermic process. The sign conventions for heat flow and enthalpy changes are summarized in the following table:

<table>
<thead>
<tr>
<th>Reaction Type</th>
<th>q</th>
<th>(\Delta H_{\text{rxn}})</th>
</tr>
</thead>
<tbody>
<tr>
<td>exothermic</td>
<td>&lt; 0</td>
<td>&lt; 0 (heat flows from a system to its surroundings)</td>
</tr>
<tr>
<td>endothermic</td>
<td>&gt; 0</td>
<td>&gt; 0 (heat flows from the surroundings to a system)</td>
</tr>
</tbody>
</table>

If \(\Delta H_{\text{rxn}}\) is negative, then the enthalpy of the products is less than the enthalpy of the reactants; that is, an exothermic reaction.
reaction is energetically downhill (Figure \( \PageIndex{2a} \)). Conversely, if \( \Delta H_{\text{rxn}} \) is positive, then the enthalpy of the products is greater than the enthalpy of the reactants; thus, an endothermic reaction is energetically uphill (Figure \( \PageIndex{2b} \)). Two important characteristics of enthalpy and changes in enthalpy are summarized in the following discussion.

Bond breaking **ALWAYS** requires an input of energy; bond making **ALWAYS** releases energy.

![Figure \( \PageIndex{2} \): The Enthalpy of Reaction.](image)

**Figure \( \PageIndex{2} \): The Enthalpy of Reaction.** Energy changes in chemical reactions are usually measured as changes in enthalpy. (a) If heat flows from a system to its surroundings, the enthalpy of the system decreases, \( \Delta H_{\text{rxn}} \) is negative, and the reaction is exothermic; it is energetically downhill. (b) Conversely, if heat flows from the surroundings to a system, the enthalpy of the system increases, \( \Delta H_{\text{rxn}} \) is positive, and the reaction is endothermic; it is energetically uphill.

- **Reversing a reaction or a process changes the sign of \( \Delta H \).** Ice absorbs heat when it melts (electrostatic interactions are broken), so liquid water must release heat when it freezes (electrostatic interactions are formed):

\[
\text{heat} + \text{H}_2\text{O}(s) \rightarrow \text{H}_2\text{O}(l) \quad \Delta H > 0
\]

\[
\text{H}_2\text{O}(l) \rightarrow \text{H}_2\text{O}(s) + \text{heat} \quad \Delta H < 0
\]

In both cases, the magnitude of the enthalpy change is the same; only the sign is different.

- **Enthalpy is an extensive property (like mass).** The magnitude of \( \Delta H \) for a reaction is proportional to the amounts of the substances that react. For example, a large fire produces more heat than a single match, even though the chemical reaction—the combustion of wood—is the same in both cases. For this reason, the enthalpy change for a reaction is usually given in kilojoules per mole of a particular reactant or product. Consider Equation \( \ref{5.4.9} \), which describes the reaction of aluminum with iron(III) oxide (Fe\(_2\)O\(_3\)) at constant pressure. According to the reaction stoichiometry, 2 mol of Fe, 1 mol of Al\(_2\)O\(_3\), and 851.5 kJ of heat are produced for every 2 mol of Al and 1 mol of Fe\(_2\)O\(_3\) consumed:

\[
2\text{Al}(s) + \text{Fe}_2\text{O}_3(s) \rightarrow 2\text{Fe}(s) + \text{Al}_2\text{O}_3(s) + 815.5 \; \text{kJ}
\]

Thus \( \Delta H = -851.5 \) kJ/mol of Fe\(_2\)O\(_3\). We can also describe \( \Delta H \) for the reaction as \( -425.8 \) kJ/mol of Al: because 2 mol of Al are consumed in the balanced chemical equation, we divide \( -851.5 \) kJ by 2. When a value for \( \Delta H \), in kilojoules rather than kilojoules per mole, is written after the reaction, as in Equation \( \ref{5.4.10} \), it is the value of...
$\Delta H$ corresponding to the reaction of the molar quantities of reactants as given in the balanced chemical equation:

\[
2\text{Al}(s) + \text{Fe}_2\text{O}_3(s) \rightarrow 2\text{Fe}(s) + \text{Al}_2\text{O}_3(s) \quad \Delta H_{\text{rxn}} = -851.5 \text{ kJ} \quad \text{(5.4.10)}
\]

If 4 mol of Al and 2 mol of Fe$_2$O$_3$ react, the change in enthalpy is $2 \times (-851.5 \text{ kJ}) = -1703 \text{ kJ}$. We can summarize the relationship between the amount of each substance and the enthalpy change for this reaction as follows:

\[
-\frac{851.5 \text{ kJ}}{2 \text{ mol Al}} = -\frac{425.8 \text{ kJ}}{1 \text{ mol Al}} = -\frac{1703 \text{ kJ}}{4 \text{ mol Al}}
\quad \text{(5.4.6a)}
\]

The relationship between the magnitude of the enthalpy change and the mass of reactants is illustrated in Example (PageIndex{1}).

Example (PageIndex{1}): Melting Icebergs

Certain parts of the world, such as southern California and Saudi Arabia, are short of freshwater for drinking. One possible solution to the problem is to tow icebergs from Antarctica and then melt them as needed. If $\Delta H$ is 6.01 kJ/mol for the reaction at 0°C and constant pressure:

\[
\text{H}_2\text{O}(s) \rightarrow \text{H}_2\text{O}(l)
\]

How much energy would be required to melt a moderately large iceberg with a mass of 1.00 million metric tons ($1.00 \times 10^6$ metric tons)? (A metric ton is 1000 kg.)

**Given:** energy per mole of ice and mass of iceberg

**Asked for:** energy required to melt iceberg

**Strategy:**

A. Calculate the number of moles of ice contained in 1 million metric tons ($1.00 \times 10^6$ metric tons) of ice.

B. Calculate the energy needed to melt the ice by multiplying the number of moles of ice in the iceberg by the amount of energy required to melt 1 mol of ice.

**Solution:**

A Because enthalpy is an extensive property, the amount of energy required to melt ice depends on the amount of ice present. We are given $\Delta H$ for the process—that is, the amount of energy needed to melt 1 mol (or 18.015 g) of ice—so we need to calculate the number of moles of ice in the iceberg and multiply that number by $\Delta H$ (+6.01 kJ/mol):

\[
\begin{align*}
\text{moles } \text{H}_2\text{O} & = 1.00 \times 10^6 \text{ metric tons } \left( \frac{1000 \text{ kg}}{1 \text{ metric ton}} \right) \left( \frac{1 \text{ mol } \text{H}_2\text{O}}{18.015 \text{ g } \text{H}_2\text{O}} \right) = 5.55 \times 10^8 \text{ mol H}_2\text{O} \end{align*}
\]

B The energy needed to melt the iceberg is thus

\[
5.55 \times 10^8 \text{ mol H}_2\text{O} \times 6.01 \text{ kJ/mol} = 3.33 \times 10^{10} \text{ kJ}
\]

\[
\text{number of moles of ice = 5.55 \times 10^8 mol}
\]

\[
\text{energy needed to melt ice = 3.33 \times 10^{10} kJ}
\]
\[
\left( \frac{6.01 \text{ kJ}}{\cancel{\text{mol \ H}_2\text{O}}} \right) \left( 5.55 \times 10^{10} \ \cancel{\text{mol \ H}_2\text{O}} \right) = 3.34 \times 10^{11} \text{ kJ}
\]

Because so much energy is needed to melt the iceberg, this plan would require a relatively inexpensive source of energy to be practical. To give you some idea of the scale of such an operation, the amounts of different energy sources equivalent to the amount of energy needed to melt the iceberg are shown below.

Possible sources of the approximately \(3.34 \times 10^{11} \text{ kJ}\) needed to melt a \(1.00 \times 10^6\) metric ton iceberg

- Combustion of \(3.8 \times 10^3\) ft\(^3\) of natural gas
- Combustion of 68,000 barrels of oil
- Combustion of 15,000 tons of coal
- \((1.1 \times 10^8)\) kilowatt-hours of electricity

Alternatively, we can rely on ambient temperatures to slowly melt the iceberg. The main issue with this idea is the cost of dragging the iceberg to the desired place.

Exercise \(\PageIndex{1}\): Thermite Reaction

If 17.3 g of powdered aluminum are allowed to react with excess \(\ce{Fe2O3}\), how much heat is produced?

**Answer**

273 kJ

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**Enthalpies of Reaction**

One way to report the heat absorbed or released would be to compile a massive set of reference tables that list the enthalpy changes for all possible chemical reactions, which would require an incredible amount of effort. Fortunately, since enthalpy is a state function, all we have to know is the initial and final states of the reaction. This allows us to calculate the enthalpy change for virtually any conceivable chemical reaction using a relatively small set of tabulated data, such as the following:

- **Enthalpy of combustion** (\(\Delta H_{\text{comb}}\)) - The change in enthalpy that occurs during a combustion reaction. Enthalpy changes have been measured for the combustion of virtually any substance that will burn in oxygen; these values are usually reported as the enthalpy of combustion per mole of substance.

- **Enthalpy of fusion** (\(\Delta H_{\text{fus}}\)) - The enthalpy change that accompanies the melting (fusion) of 1 mol of a substance. The enthalpy change that accompanies the melting, or fusion, of 1 mol of a substance; these values have been measured for almost all the elements and for most simple compounds.

- **Enthalpy of vaporization** (\(\Delta H_{\text{vap}}\)) - The enthalpy change that accompanies the vaporization of 1 mol of a substance. The enthalpy change that accompanies the vaporization of 1 mol of a substance; these values have also been measured for nearly all the elements and for most volatile compounds.

- **Enthalpy of solution** (\(\Delta H_{\text{soln}}\)) - The change in enthalpy that occurs when a specified amount of solute dissolves in a given quantity of solvent. The enthalpy change when a specified amount of solute dissolves in a given quantity of solvent.
Table \(\PageIndex{1}\): Enthalpies of Vaporization and Fusion for Selected Substances at Their Boiling Points and Melting Points

<table>
<thead>
<tr>
<th>Substance</th>
<th>(\Delta H_{\text{vap}}) (kJ/mol)</th>
<th>(\Delta H_{\text{fus}}) (kJ/mol)</th>
</tr>
</thead>
<tbody>
<tr>
<td>argon (Ar)</td>
<td>6.3</td>
<td>1.3</td>
</tr>
<tr>
<td>methane (CH(_4))</td>
<td>9.2</td>
<td>0.84</td>
</tr>
<tr>
<td>ethanol (CH(_3)CH(_2)OH)</td>
<td>39.3</td>
<td>7.6</td>
</tr>
<tr>
<td>benzene (C(_6)H(_6))</td>
<td>31.0</td>
<td>10.9</td>
</tr>
<tr>
<td>water (H(_2)O)</td>
<td>40.7</td>
<td>6.0</td>
</tr>
<tr>
<td>mercury (Hg)</td>
<td>59.0</td>
<td>2.29</td>
</tr>
<tr>
<td>iron (Fe)</td>
<td>340</td>
<td>14</td>
</tr>
</tbody>
</table>

The sign convention is the same for all enthalpy changes: negative if heat is released by the system and positive if heat is absorbed by the system.

**Summary**

For a chemical reaction, the enthalpy of reaction \(\Delta H_{\text{rxn}}\) is the difference in enthalpy between products and reactants; the units of \(\Delta H_{\text{rxn}}\) are kilojoules per mole. Reversing a chemical reaction reverses the sign of \(\Delta H_{\text{rxn}}\).

**Contributors and Attributions**

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